

# 2011 Sports Schedule

## January 4 – March 31, 2011

Monday-Thursday	6:00am-10:00pm
Friday	6:00am-7:30pm
Saturday	10:00am-5:00pm
Sunday	9:00am-5:00pm
Holidays	9:00am-1:00pm

### Sports Schedule

January 4 – March 31, 2011							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b><u>Drop in Fees</u></b></p> <p>Adults Sports - \$6.00            Kids Sports (with Instructor) - \$6.25            Family Playtime - \$3.25 or 10 visits for \$27.50</p>					<p>Family Playtime (1-5yrs) 10:30am-12(noon)</p>	<p>Family Playtime (1-5yrs) 10:30am-12(noon)</p>	<p>Family Playtime (1-5yrs) 10:30am-12(noon)</p>
2:00-2:45pm	Floor Hockey (4-5 yrs)	Multi Sports (4-5 yrs)	Soccer (4-5yrs)		Soccer (3-5yrs)	<p><b><u>Gym Closes 5pm on Sat. &amp; Sun.</u></b></p> <p><b><u>Drop-in Gym</u></b></p> <p><b>Come drop in and play your favorite sport in an unsupervised setting.</b></p> <p>Gym can be shared for 2 activities or a large group activity. Please ensure inclusion for all (13+ yrs) who is interested. Membership required. Gym available during non-programmed time. Contact the fitness centre for times; 604-257-8140.            1 year membership:            Youth-\$10 Adult-\$15 Family-\$25</p>	
3:30-4:30pm	Floor Hockey (6-9yrs)	Basketball (6-9yrs)	Multi Sports (6-9yrs)		Soccer (6-9yrs)		
4:30-5:30pm	Multi Sports (6-9yrs)	Floor Hockey (9-12 yrs)	Basketball (9-12yrs)		Youth Sports		
6:15-7:15pm	<p><b>Please see Fitness Schedule for Classes</b></p>						
7:30-9:30pm	Gym Hockey (19+)	Indoor Soccer (19+)	Volleyball (19+)	Basketball (19+)	Special Needs Ball Hockey (16+ yrs) 6-7:15pm		

### Drop-in Gym

**Come drop in and play your favorite sport in an unsupervised setting.**

Gym can be shared for 2 activities or a large group activity. Please ensure inclusion for all (13+ yrs) who is interested. Membership required. Gym available during non-programmed time.

Contact the fitness centre for times; 604-257-8140.

1 year membership: Youth-\$10 Adult-\$15 Family-\$25

### Adult Sports

**We recommend registration as drop ins are limited. 19+ yrs co-ed**

### Gym Hockey (19+yrs Coed)

Bring your own hockey stick, wooden blades must be covered in white tape. Protective equipment strongly recommended. This is a non-contact program, zero tolerance for rough play.

43345.101WP	\$65/12 sessions	\$6.00/Drop-In
Mon	Jan 10 – Mar 28	7:30 pm-9:30 pm

### Soccer Indoor (19+yrs Coed)

A fun way to get in shape or maintain your soccer touch for the outdoor game. Come in and give it a kick.

43340.101WP	\$65/12 sessions	\$6.00/Drop-In
Tue	Jan 11 – Mar 29	7:30 pm-9:30 pm

### Volleyball (19+yrs Coed)

Bring your buddies and come pumped to play! There will be two courts: one court for beginners/non competitive players and one court for intermediate players.

43375.101WP	\$65/12 sessions	\$6.00/Drop-In
Wed	Jan 12 – Mar 30	7:30 pm-9:30 pm

### Basketball (19+yrs Coed)

Looking for a way to stay in shape and have fun too? Come on down for a little recreational basketball and have a ball!

43020.101WP	\$65/12 sessions	\$6.00/Drop-In
Thur	Jan 13 – Mar 31	7:30 pm-9:30 pm