

Winter 2011 Fitness Fees

	<u>Adult</u>	<u>Student</u>	<u>Youth/Senior</u>
Drop-in	\$5.35	\$4.30	\$4.00
10 Visit Card	\$46.00	\$35.30	\$32.50
<u>Monthly Fitness Passes: Fitness Centre or Aerobic Only Pass</u>			
1 Month	\$37.50	\$31.00	\$26.75
3 Month	\$103.00	\$84.50	\$74.00
6 Month	\$190.00	\$154.00	\$135.00
12 Month	\$335.00	\$270.00	\$240.00
<u>Combo Fitness Centre or Aerobic Only Pass</u>			
1 Month	\$59.00	\$48.00	\$41.75
3 Month	\$168.50	\$125.00	\$106.75
6 Month	\$302.00	\$240.00	\$202.00
12 Month	\$488.00	\$361.00	\$285.00
<u>Separate Fee Structure</u>			
Adult Sports - Drop in \$6.00 Open Gym - WPG membership Kids Sports (with Instructor) - Drop in \$6.25 Refit Drop in \$3.75 or 10 visits for \$32.00 Dance & Stretch Drop in \$6.50 or 10 visits for \$58.75			

Personal Training

One on One - Your Personal Trainer will design, supervise and monitor your workouts and provide feedback to help you reach your goal.

Days and times arranged with trainer. Sessions are 60 minutes:

1 session Fee \$51.00

5 sessions Fee \$235.00

10 sessions Fee \$405.00

Small Group Sessions:

Additional \$25/person/session (up to 6 people)